

Instructional Course

15-16 November 2013



Workshops / Live Surgery



EFORT Instructional Course

Basel, Switzerland: 15-16 November 2013

Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

- Joint preserving surgery around the hip
- Joint preserving surgery around the knee
- Joint preserving surgery around the ankle

Hands-on Workshops:

- Hip: Osteotomies, arthroscopy, impingement surgery, chondral repair
- Knee: Osteotomies, arthroscopy, chondral repair, ligament repair
- Ankle/Hindfoot: Osteotomies, arthroscopy, chondral repair, ligament repair

Welcome



Victor
Valderrabano



Pierre
Hoffmeyer

Dear Colleagues,

The relevance of osteoarthritis as a condition has increased significantly in recent decades. All over the world, the treatment of osteoarthritis today still focuses on alleviating symptoms. This results in significant costs for the healthcare sector.

During the 20th century, the options for dealing with osteoarthritis evolved from resection arthroplasty and arthrodesis and from there to total joint arthroplasty. The value of joint-preserving surgery (JPS) has been highlighted in the past, and deserves our attention once again when considering the importance of keeping autologous joint structures in order to achieve normal biomechanical function and proprioception, as well as factors such as sporting activities, and the future potential use of osteochondral tissue engineering.

This course offers a comprehensive approach to joint-preserving surgery on the lower extremities. The faculty of this meeting is composed of respected experts who will share their vast experience with the audience. Basel has played an important role in the history of EFORT, and this course represents something of a trip back to our roots. Professor Erwin Morscher, former chairman of the Orthopaedic Department at the University of Basel, was one of the founding fathers of EFORT and a former EFORT president. Today we are honoured to host the EFORT Instructional Course on joint-preserving surgery here in Basel in the year in which EFORT celebrates its 20th anniversary.

We look forward to welcoming you to Basel!

Yours,

A handwritten signature in black ink, appearing to be 'V. Valderrabano'.

Victor Valderrabano
Chairman

A handwritten signature in black ink, appearing to be 'P. Hoffmeyer'.

Pierre Hoffmeyer
EFORT Vice President

Programme

Friday, 15 November

Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

Schedule	Topic	Faculty
7:30	Registration	
8:00	Opening and welcome	
8:10	About EFORT	

JPS around the HIP

Schedule	Topic	Faculty
	Moderator:	
8:30	Osteoarthritis	
8:45	Hip arthroscopy	
9:00	HIP JPS - the Dresden algorithm	
9:15	HIP JPS - the Bern algorithm	
9:30	LIVE SURGERY	
10:30	Coffee break	
11:00	Workshop - JPS around the HIP Acetabular osteotomies Proximal femur osteotomies Hip arthroscopy	
12:30	Lunch	

Programme

Friday, 15 November

Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

JPS around the KNEE

Schedule	Topic	Faculty
	Moderator:	
13:30	Ligament instability in JPS	
13:45	Meniscus preservation and transplantation in JPS	
14:00	Cartilage repair in JPS	
14:15	Varus Knee OA	
14:30	Valgus Knee OA	
14:45	Patellofemoral OA	
15:00	Discussion	
15:30	Coffee break	
16:00	Workshop - JPS around the KNEE Osteotomies around the knee Meniscus transplantation / chondral repair ACL and MPFL repair	
17:30	End of the day	
19:30	Course Dinner	

Programme

Saturday, 16 November

Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

JPS around the ANKLE

Schedule	Topic	Faculty
	Moderator:	
8:00	Ankle osteoarthritis	
8:15	Arthroscopic surgery of ankle degeneration	
8:30	Open surgery: osteochondral & cartilage ankle lesions	
8:45	Ligament repair in ankle JPS	
9:00	JPS for varus ankle/hindfoot OA	
9:15	JPS for valgus ankle/hindfoot OA	
9:30	Discussion	
9:45	Case discussion: multilevel surgery	
10:15	Coffee break	
10:45	Workshop - JPS around the ANKLE AMIC in talus osteochondral lesions Arthroscopy and ligament repair Tibia and calcaneus osteotomies	
12:15	Lessons learned	
12:30	End of the course	

EFORT ATP

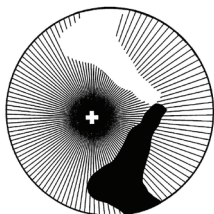
Register now

Faculty

Patronage society:



SGOT - Schweizerische Gesellschaft für Orthopädie und Traumatologie



SFAS - Swiss Foot and Ankle Society

Information

Course fee

Participants

EUR 305.00

incl. Dinner

EUR 355.00

Residents in training

EUR 210.00

incl. Dinner

EUR 260.00

Credits

Application for CME credits on going

Course language

English – no simultaneous translation

Scientific committee

Prof. Dr. Victor Valderrabano

Venue

Universitätsspital Basel

Spitalstrasse 21

4031 Basel

Switzerland

Auditorium: ZLF klein

Registration

www.efort.org/ic/basel2013

Opening hours

Friday 15 November: 07.30 - 17.30

Saturday 16 November: 08.00 - 12.30
